



2024

74th Season of Rowing Success!

COACHING STAFF

VARSIITY GIRLS:

Andrew Runne
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VARSIITY BOYS:

Harry Harrington
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NOVICE GIRLS:

Courtney Woodard
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NOVICE BOYS:

Bob Beckman
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ASSISTANT COACHES:

Megan Cerulli
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Christie Guercio

PRACTICES

HELD AT THE BOATHOUSE
270 WATER STREET, POUGHKEEPSIE

FDR Shuttle Bus starting 3/11
Route TBD at the Gym at 2:20pm
ATHLETES MUST BE PROMPT
Monday through Friday
Pickup at 5:30pm

Haviland Shuttle Bus starting 3/21
Route TBD at Glass Doors after school
Monday, Thursday Pickup at 6:30pm
Sunday 8:30am to 10:00am

***PRACTICE DAYS / TIMES**
SUBJECT TO CHANGE*

HYDE PARK ROWING ASSOCIATION EXECUTIVE BOARD

PRESIDENT:

Heather Andros • fdrcrewinfo@gmail.com

1st VICE PRESIDENT:

Linda Doherty • Lindadoherty1998@gmail.com

2nd VICE PRESIDENT:

Jeannie Kern • (845) 416-0950

TREASURER:

Trish Schramm • (845) 505-7714

RECORDING SECRETARY:

Cathy Hurley • catherinehurley@hpcsd.org

BOAT PARENTS

VARSIITY GIRLS:

Jen Morris • (845) 464-6500
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VARSIITY BOYS:

Jeannie Kern • (845) 416-0950

NOVICE GIRLS/BOYS:

Nick & Eileen Dean • (845) 489-3508
foxet39@hotmail.com

CREW BOARD MEETINGS

Board meetings are open to ALL parents
of athletes and we encourage you to attend.

Meetings are held on the 1st Tuesday of the month
in the FDR High School Library.

Please join us, new members are always welcome!

REGISTRATION REQUIREMENTS

FDR CREW REGISTRATION

Use this Google form link or QR Code to register your athlete for FDR Crew:

<https://forms.gle/dUuxuuKoA2ti18Gk7>



US ROWING WAIVER

Athletes are required to complete online USRowing waivers to be added to the rowing roster.

Visit <https://membership.USRowing.org>
Click on “Sign Waiver”

Click on “Individuals” - “Join” if new member, “Members” if previously joined. For Club or Team enter FDR, it will bring up FD Roosevelt High School.

Then enter the club access code: MDUHK

This will provide access to a series of informational questions. When the athlete follows the steps, he/she is automatically adding themselves to the roster.

Please note: As part of this process, US Rowing charges a \$25 administrative fee.

FAMILYID

FamilyID is required by the district to participate in crew.

Visit:

<https://hello.familyid.com>

Click on “Create an Account” or “Login” if you already have an account. Then follow the prompts to register your athlete.

SWIM TEST

All new athletes are required to pass a swim test in order to join FDR Crew.

March 19
3:30 - 4:30pm
@ the Culinary.



2024 RACE SCHEDULE

Date	Race	Location	Varsity/ Novice
3/13	Official Start of Season!		
3/16	NFA Erg Race	Newburgh	V Boys
4/27	Kingston Invite	Rondout Creek Kingston	V
5/1	Dutchess Cup	HRRA	V
5/3	Triangulars	HRRA	N
5/4	Triangulars	HRRA	V
5/11&12	NYSSRA Champs	Saratoga Lake	V
5/16-18	Stotesbury Regatta	Philadelphia, PA	V
5/17-18	Syracuse Chargers Invitational	Onondaga Lake Syracuse	V
5/19	HVRL Novice Race	Rockland Lake	N
5/22	W.A.R.S. Meet	HRRA	V
5/28	HVRL Sculling Champs	Rondout Creek Kingston	V
6/1	HVRL Champs	HRRA	V
6/2	Miles of Hope	HRRA	V/N

**** SCHEDULE SUBJECT TO CHANGE ****

FUNDRAISING TO REDUCE ATHLETE'S FEES

To help reduce or eliminate the cost to families, the Crew Board arranges three important (and fun) fundraising opportunities.

Please watch for handouts and emails for more information.

Here are a few that are up and coming (see handouts):

Easter Flowers	March 1 - March 13
Sponsor T-Shirts	March 11 - March 22
Mother's Day Flowers	March 11 - April 26

SPONSOR T-SHIRT FUNDRAISER

Sponsors/supporters purchase "lines" on the back of the 2024 Team T-Shirt. The cost is \$20 per line, and your first \$20 sponsor pays for your athlete's team shirt. After that, 100% of the profits go toward your athlete's boathouse fees!

Other fundraisers may occur throughout the season, keep an eye out!

SOCIAL MEDIA

REMIND APP - Girls Varsity - Text 81010, Message @abhd77

Boys Varsity - Text 81010, Message @fdrvarsity

Novice Boys/Girls - Text 81010, Message @7c3gahd

FACEBOOK - Fdr Crew

INSTAGRAM - Fdrrowing

WEBSITE - fdrcrew.org

FINANCIALS & BUDGET INFORMATION

INCOME

**Based on 30 Varsity
and 30 Novice Athletes*
Athlete's Fees \$27,425
Fundraisers \$16,500

TOTAL INCOME \$43,925

EXPENSES

Boathouse Fees / Tank Usage \$20,700
Ergs / Misc Equip / Parts / Repairs \$7,250
Race Related Expenses \$11,530
Admin / Operating Expenses \$4,445

TOTAL EXPENSES \$43,925

FDR BOATHOUSE COSTS

The majority of HPRA budgeted income is through the boathouse fees.

Novice Athletes \$350 = Payment 1 - \$50, Payment 2 - \$150, Payment 3 - \$150
Varsity Athletes \$525 = Payment 1 - \$125, Payment 2 - \$200, Payment 3 - \$200

Payment Schedule

Payment 1 - March 15; Payment 2 - April 12; Payment 3 - May 17

Please be mindful of strict payment deadlines. Checks payable to HPRA.

Athletes traveling to overnight away races will incur additional expenses.

Final payments will be adjusted to reflect any fundraising proceeds.

**Payments can be put in the FDR Bay 3 Lock Box at the boathouse,
or given to Boat Parents, President or Treasurer.**

NO CASH PAYMENTS IN THE LOCK BOX.

**Hyde Park Rowing Association
pays for**

Boathouse Fees / Tank Usage / Boats
Ergs / Equipment / Parts / Repairs
Race Related Expenses
Insurance / Dues / Scholarships
Admin / Banking / Expenses

**Hyde Park School District
pays for**

Coaches / Transportation
Race Entry Fees / Insurance
Hotel Rooms for Coaches and
Bus Drivers at Away Races
Gas for Coaches' Launches

IMPORTANT DATES FOR THE 2024 SEASON

- 3/1 Easter Flower sales begin
- 3/11 Novice & Varsity Team Photos - FDR Cafeteria 139, 5:00-6:30pm
- 3/11 Novice & Varsity Parent Meeting - FDR Cafeteria 142 @ 6:30pm
- 3/11 Mother's Day Flowers and Sponsor T-Shirt sales begin
- 3/13 Virtual Zoom Q&A Session @ 7pm
- 3/13 Easter Flower Orders due, call/text-in to boat parents by 6pm**
- 3/15 1st Boathouse Payment Due**
- 3/16 NFA Erg Race, Newburgh (Varsity Boys Only)
- 3/22 Sponsor T-Shirt Forms and Money Due**
- 3/23 Easter Flower Delivery 8am-10am - FDR Cafeteria - Money Due**
- 4/7 Pancake Breakfast - Knights of Columbus, 8am-11am
- 4/12 2nd Boathouse Payment Due**
- 4/26 Mother's Day Flower Orders and Money Due**
- 4/27 Kingston Invite, Roundout Creek, Kingston, NY (Varsity)
- 5/1 Dutchess Cup, HRRR Boathouse, 4pm start time (Varsity)
- 5/3 Triangulars, HRRR Boathouse, 3pm start time (Novice) } There will be a picnic.
- 5/4 Triangulars, HRRR Boathouse, 3pm start time (Varsity) } More info to come.
- 5/6-11 Mother's Day Flower pickup, The New Corn Crib, 200 Salt Point Turnpike**
- 5/11-12 NYSSRA Champs, Saratoga Lake (Varsity Only)
- 5/17 Final Boathouse Payment Due - Athletes will be notified of amount due**
- 5/16-18 Stotesbury Regatta, Philadelphia, PA (Varsity Only)
- 5/17-18 Syracuse Chargers Invitational, Onondaga Lake (Varsity Only)
- 5/19 HVRL Novice Race, Rockland Lake, TBD start time
- 5/22 W.A.R.S. Meet, HRRR Boathouse, 5pm start time (Varsity Only)
- 5/28 Banquet Money Due**
- 5/28 HVRL Sculling Champs, Kingston, TBD start time (Varsity Only)
- 6/1 HVRL Champs, HRRR Boathouse, 6am start time (Varsity Only)
- 6/2 Row for the Cure, HRRR Boathouse, 6am start time
- 6/11 Banquet @ The Pavilion at Brookmeade, Rhinebeck, 6-9pm**