



ROWING ON THE HUDSON SINCE 1950

## 1st Annual FDR Crew Alumni Newsletter

**Greetings FDR Crew Alumni and Friends**

This newsletter has been created to share information about the current team as well as provide updates on past teammates.

Come join us at the Hudson River Rowing Association boathouse for the dedication of our newest shell, set to take place on Friday, May 5th following the races. If races are canceled on Friday due to weather, the dedication will happen on Saturday.



The boathouse many of us remember on the Hudson River Psychiatric Center property.

Share your boathouse memories  
with us to include in upcoming  
newsletters.  
[FDRcrewinfo@gmail.com](mailto:FDRcrewinfo@gmail.com)



Since 2006 FDR Crew has been rowing out of the Hudson River Rowing Association boathouse.

### **A note from Judy Sanford!**

*"This is Judy Sanford, and I am delighted to have the opportunity to say hello to all of you. As many of you know, I have watched Roosevelt rowing since the early years-even before we rowed out of what is now Quiet Cove, a state park. I now happily go to the beautiful new shared boathouse site to support these hard working young people, and I'm hoping you will do the same. I'd love to see you at the river this spring-look for the FDR tent!!"*

**The Current Crew:**

**Varsity Coaches:**

Andrew Runne and Harry Harrington  
(boys)

Sue Benfield  
(girls)

**Novice Coaches:**

Andy Victor   Bob Beckmann   Courtney Woodard

**Join us for a race**

**270 N. Water Street, Poughkeepsie**

<b>5/3/23</b>	<b>Dutchess Cup</b>	<b>4:00pm</b>
<b>5/5/23</b>	<b>Triangulars</b>	<b>3:00 pm</b>
	<b>Novice/Middle School Only</b>	
<b>5/6/23</b>	<b>Triangulars</b>	<b>3:00 pm</b>
	<b>JV and Varsity Only</b>	
<b>5/24/23</b>	<b>W.A.R.S Race</b>	<b>4:00 pm</b>
<b>6/3/23</b>	<b>HVRL Championships</b>	<b>6:30 am</b>
<b>6/4/23</b>	<b>Miles of Hope</b>	<b>6:30 am</b>

Whether you're local or visiting the area, join us as we cheer on our athletes. You'll easily spot our food trailer, with the familiar FDR Crew logo, closest to the boathouse. Please let us know that you're an alumni. If you've never been to the boathouse, we can probably arrange for a quick tour while you're there.

Like us on Facebook at:  
FDR Crew Alumni

**HELP!**

We want to reach as many alumni as possible. The committee has been hard at work reaching out and making connections with former rowers, but we need your help! Do you keep in contact with any other crew alumni? Would you be willing to see if they'll share their contact info?

Please share any info or questions you have with us at

[FDRcrewinfo@gmail.com](mailto:FDRcrewinfo@gmail.com).

Future newsletters will include information regarding boathouse events, fundraising opportunities, FDR Crew merchandise.